

Summer Menu Week One:

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Weetabix (contains barley, wheat) Rice Krispies (contains barley) Shreddies (contains barley, gluten, wheat) Multi-grain Hoops (contains barley, wheat and oats)	Weetabix (contains barley, wheat) Rice Krispies (contains barley) Shreddies (contains barley, gluten, wheat) Multi-grain Hoops (contains barley, wheat and oats)	Weetabix (contains barley, wheat) Rice Krispies (contains barley) Shreddies (contains barley, gluten, wheat) Multi-grain Hoops (contains barley, wheat and oats)	Weetabix (contains barley, wheat) Rice Krispies (contains barley) Shreddies (contains barley, gluten, wheat) Multi-grain Hoops (contains barley, wheat and oats)	Weetabix (contains barley, wheat) Rice Krispies (contains barley) Shreddies (contains barley, gluten, wheat) Multi-grain Hoops (contains barley, wheat and oats)
Snack	Selection of fruit and vegetables. Crackers (contains wheat and may contain milk) Breadsticks (contains wheat, barley and may contain sesame seeds. Not suitable for soya and milk allergy sufferers)				
Milk					
Lunch	Tuna pasta bake with garlic bread (contains gluten and dairy)	Sausage, mashed potato and onion gravy (contains pork and wheat)	Chicken, new potatoes and vegetables (contains wheat and barley)	Spaghetti bolognaise and garlic bread (contains gluten and beef)	Fish and spinach curry served with rice and naan (contains gluten)
Dessert / Fruit option available	Orange shortbread (contains gluten)	Oat slice (contains oats and gluten)	Frozen yoghurt bark (contains dairy)	Apple and sultana squares (contains egg and gluten)	Carrot cupcakes (contains gluten, dairy and egg)
Tea Time	Warm ham and cheese wraps (contains gluten and dairy)	Beans on toast (contains gluten)	A selection of sandwiches/veg sticks (contains gluten and dairy)	Pizza and vegetable sticks (contains dairy and gluten)	Mini ploughman's (contains dairy and gluten)
Babies	Age appropriate alternative				
	Our cooks cater for all allergy requirements, vegetarian and vegan options are available across our menu				

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Milk					
Lunch	Vegetable chilli served with rice and homemade tortillas (contains gluten)	Meatballs in tomato sauce served with pasta veg (contains gluten, pork and soya)	Chicken curry, rice and naan bread (contains gluten)	Tomato and thyme cod, new potatoes and vegetables	Lasagne salad and garlic bread (contains beef, dairy and gluten)
Dessert / Fruit option available	Fruit, granola and yoghurt (contains dairy and oats)	Gingerbread (contains gluten)	Fruit jelly (contains gelatine)	Apple crumble and ice cream (contains gluten and dairy)	Banana cookies (contains egg and gluten)
Tea Time	Fish fingers and hoops (contains gluten)	Cheese scones and salad (contains egg, dairy and gluten)	Pitta bread, dips and vegetable sticks (contains gluten and dairy)	Sausage rolls and salad (contains egg, gluten and dairy)	Sandwiches and vegetable sticks (contains gluten and dairy)
Babies	Age appropriate alternative				
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Summer Menu Week Three:

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Breakfast	Weetabix (contains barley, wheat) Rice Krispies (contains barley) Shreddies (contains barley, gluten, wheat) Multi-grain Hoops (contains barley, wheat and oats)	Weetabix (contains barley, wheat) Rice Krispies (contains barley) Shreddies (contains barley, gluten, wheat) Multi-grain Hoops (contains barley, wheat and oats)	Weetabix (contains barley, wheat) Rice Krispies (contains barley) Shreddies (contains barley, gluten, wheat) Multi-grain Hoops (contains barley, wheat and oats)	Weetabix (contains barley, wheat) Rice Krispies (contains barley) Shreddies (contains barley, gluten, wheat) Multi-grain Hoops (contains barley, wheat and oats)	Weetabix (contains barley, wheat) Rice Krispies (contains barley) Shreddies (contains barley, gluten, wheat) Multi-grain Hoops (contains barley, wheat and oats)
Snack	Selection of fruit and vegetables. Crackers (contains wheat and may contain milk) Breadsticks (contains wheat, barley and may contain sesame seeds. Not suitable for soya and milk allergy sufferers)				
Milk					
Lunch	Macaroni cheese, veg and garlic bread (contains gluten and dairy)	Bobotie served with vegetables (contains beef and gluten)	Sweet and sour chicken and rice	Herb crusted fish, new potatoes, peas and sweetcorn	Vegetable curry, rice and naan bread (contains gluten)
Dessert / Fruit option available	Lemon drizzle cake (contains egg, gluten and dairy)	Fruit and yoghurt (contains dairy)	Fruit scone (contains egg, gluten and dairy)	Jelly and ice-cream (contains gelatine and dairy)	Fruit muffins (contains egg and dairy)
Tea Time	Jacket potato with a selection of toppings	Selection of sandwiches and vegetable sticks (contains gluten and dairy)	Sausage in a roll with onions (contains gluten and pork)	Pasta bake (contains gluten and dairy)	Pinwheel pizza and veg sticks (contains gluten and dairy)
Babies	Age appropriate alternative				
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